














# Lenten Calendar (February 14-March 31)

Missionaries on a Lenten path to Easter



## Upper Grades

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>Feb. 14</b>   <b>ASH WEDNESDAY</b>	<b>Feb. 15</b> Pray for Syrian refugee children who continue to flee their homes for safety.	<b>Feb. 16</b>  Sacrifice your dessert at the dinner table. Put 50 cents in your Mite Box.	<b>Feb. 17</b> Pray for all who are preparing for baptism at the Easter Vigil on Holy Saturday.
<b>Feb. 18</b> Prepare for mass. Read the Gospel for today: MK 1: 12-15	<b>Feb. 19</b> Do the dishes tonight. Ask for a donation to your Mite Box for your sacrifice time.	<b>Feb. 20</b> Pray for children in Nigeria who contract polio—a crippling disease— and have little access to health care.	<b>Feb. 21</b> Read about forgiveness: EPH 4: 31-32. Who do you need to forgive this Lent?	<b>Feb. 22</b> Pray for the children in Venezuela who suffer from malnutrition.	<b>Feb. 23</b>  Sacrifice to your mite box and say one Our Father for the missions.	<b>Feb. 24</b> Pick one habit that is keeping you from holiness. Try to break this habit during Lent.
<b>Feb. 25</b> Prepare for mass. Read the Gospel for today: MK 9: 2-10	<b>Feb. 26</b> Sacrifice: Give up soda and candy this week. Give extra change to the missions.	<b>Feb. 27</b> Pray to Mary. Think how you can put the needs of others before your own, as she did.	<b>Feb. 28</b> Read about the importance of listening to God's word: MT. 4:4 Keep His word in your mind today.	<b>Mar. 1</b> Pray for children in war torn Afghanistan who may be unable to go to school.	<b>Mar. 2</b>  Be grateful of the clean water you have to drink and bathe. Put a donation in your mite box.	<b>Mar. 3</b> Collect towels and blankets. Donate them to a local shelter.
<b>Mar. 4</b> Prepare for mass. Read the Gospel for today: JN 2: 13-25	<b>Mar. 5</b> Sacrifice: Skip playing after school to help at home making dinner. Say a prayer to St. Joseph, head of the Holy Family on Earth.	<b>Mar. 6</b> Pray for girls in Somalia who are unable to go to school . Be grateful for the education you are getting.	<b>Mar. 7</b> Read about family: EPH 6:1-2 How can you better obey your caregivers.	<b>Mar. 8</b> We are halfway through Lent! How is breaking your habit that keeps you from holiness going? Pray for help.	<b>Mar. 9</b>  Sacrifice: Ask your parents for extra chores. Put the earned \$ in your mite box.	<b>Mar. 10</b> Ask your pastor if you can help clean your church today.
<b>Mar. 11</b> Prepare for mass. Read the Gospel for today: JN 3: 14-21	<b>Mar. 12</b> Sacrifice: Encourage your family to sit at the dinner table and talk about what you learned today.	<b>Mar. 13</b> Offer to help a sibling or friend with their chores. It will make it more fun when you work together.	<b>Mar. 14</b> Read about love: 1COR 13:4-7. Tell your family you love them!	<b>Mar. 15</b> Pray: say three Hail Marys for all the religious Sisters who work in the missions.	<b>Mar. 16</b>  Have friends over for a movie. As "admission" ask them to donate to your Mite Box.	<b>Mar. 17</b> Pray for St. Patrick's intercession to help you develop better habits.
<b>Mar. 18</b> Prepare for mass. Read the Gospel for today: JN 12: 20-33	<b>Mar. 19</b> Sacrifice: Clean your room! Any "found money" goes into your mite box!	<b>Mar. 20</b> Pray a Hail Mary for children in Haiti who are in need of medicine.	<b>Mar. 21</b> Read about what Jesus tells us to pray: LK 11: 1-4. Say an Our Father for all children.	<b>Mar. 22</b> Pray for all who are preparing for baptism at the Easter Vigil on Holy Saturday.	<b>Mar. 23</b>  Sacrifice recess time to help a student study a subject in which they struggle.	<b>Mar. 24</b> Read PS 51 on forgiveness. Go to the Sacrament of Reconciliation.
<b>Mar. 25</b> Read the Gospel for today: MT 26: 14-27:66 Have you ever denied Jesus?  Palm Sunday	<b>Mar. 26</b> Don't watch TV tonight. Instead reflect on the week ahead. Put 25 cents in your mite box for each show you miss.	<b>Mar. 27</b> Pray for other children as they journey through Holy Week too!	<b>Mar. 28</b> Read about God's plan JER 29: 11-13. Pray to better understand what His path is for you.	<b>Mar. 29</b> Read about the Last Supper JN13:1-15.  HOLY THURSDAY	<b>Mar. 30</b>  Attend the Stations of the cross at your parish.  GOOD FRIDAY	<b>Mar. 31</b> Easter Vigil: Pray for all those entering the Church tonight as they receive the Sacraments.  Holy Saturday