

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# MCA Lent Calendar 2024

February 18

"Your ways, O Lord, are love and truth to those who keep your covenant." Ps 25:10

God loves us and wants us to care for one another. This season of Lent try of one habit you might want to change to be more caring towards others.



February 25

God called to Abraham, and he replied "Here I am." Gn 22:1

Abraham was put to the test, to see if he would follow the will of God. This Lenten season ask God to give you the wisdom to know when he is calling you and strength to say "Here I am."



March 3

"Lord, you are truly the Savior of the world; give me living water, that I may never thirst again" Cf. Jn 4: 44,15

Water renews all things. During Lent we imagine that we are in a desert. God is like water that replenishes us when we feel alone or like nothing is going right.



March 10

"I am the light of the world, says the Lord; whoever follows me will have the light of life." Jn 8:12

Sometimes there is so much conflict and despair in the world that it almost feels as if all is dark. God reminds us that with Him we will find our way out of the darkness.

March 17

"A clean heart create for me, O God, and a steadfast spirit renew within me." Ps 51:12

When we are friends with Jesus our hearts and spirits are renewed. As we approach the end of Lent, have there been any changes in you?

March 24

**PALM SUNDAY**

"Blessed is the king who comes in the name of the Lord. Peace and heaven and glory in the highest." Lk 19: 38

Jesus is received with praise by the same people who would later shout to condemn him. How do you think his disciples felt?



February 19

"Faith grows when it is lived and shaped with love" - Pope Francis

When we model our faith to others it grows. Spend some time today helping a sibling or cousin learn their prayers.



February 26

Begin your day and week with prayer. Pray a Hail Mary and an Our Father for your family.



March 4

One of the pillars of Lent is to practice almsgiving. Let us remember to give not just because we have extra but rather because we care what happens to those who might need our help.



March 11

"The confessional is not a torture chamber, but the place in which the Lord's mercy motivates us to do better." Pope Francis, interview with Fr. Antonio Spadaro Nov. 2015.

Receive the sacrament of reconciliation. There is no greater love than the one that God has for us. If we are truly sorry for what we have done to offend Him, God will always forgive us.



March 18

"You don't know how to pray? Put yourself in the presence of God, and as soon as you have said, 'Lord, I don't know how to pray!' you can be sure you've already begun." -St. Josemaria Escriva

If you find it hard to pray. Give it a try today!



March 25

Reflect on the week that we are about to live. Do you remember what it's like from other years? See if there is something you notice this year that you had never noticed before.



February 20

If in your church you have Catechumens preparing to receive their sacraments on the Easter Vigil, make a card for them to give on that very special day in which they will be welcomed into the church.

February 27

It's the feast day of Fr. Gregory of Narek. Most known for the prayer book he wrote, his wish was to inspire people of all walks of life to prayer.

Although we might not know its effect right away, prayer will help transform the world and us. Pray at least once a day.

March 5

Offer to help a friend or a sibling with their chores. It will make the task more fun when the two of you work together.



March 12

Pray ten Hail Marys for all children who might be suffering.

Think how you can put the needs of others before your own as Mary, the mother of God, did.



March 19

Today is the feast day of St. Joseph, the spouse of the Virgin Mary. He is the patron saint of the universal church and fathers. He showed faith, courage and trust in God.

Imitate him by having faith and trust in God, our Lord. Especially if you are going through a difficult moment.



March 26

Jesus reveals that one of his disciples will betray him. Judas made a bad decision in betraying Jesus.

Ask God to help you to make good decisions that will help your friendship with Him grow.



**ASH WEDNESDAY**

February 14

Wear the ashes you receive today proudly as a missionary disciple of Jesus Christ.

Dear Lord, today on the first day of Lent, we come to you with humble hearts asking that you forgive us. Give us the wisdom to change for the better and help make this a better world and to care for one another.



February 21

It's the feast day of St. Peter Damian, he was a Bishop and Doctor of the Church. Having experienced poverty, he was very kind to those in need.

We've all had the experience of someone being nice to us. Today be nice to someone.

February 28

Give someone a compliment today. You can share with them one thing you admire about them.

When we uplift others we are helping them see how loved they are.

March 6

If there is someone that you dislike pray for them. Asking God to help you see the good in them as your brother or sister in Christ.

March 13

If you can, volunteer to help clean or decorate the church for the Easter Vigil celebration.

Just like when we clean our homes before a party, we, too, must get the house of the Lord ready for this big celebration.

March 20

"How wonderful it would be if, at the end of each day, each of us could say: today I have performed an act of charity towards others!" - Pope Francis

Put what you can into your mite box.

March 27

Just like your parish community, all over the world Catholic churches are also celebrating the Holiest week of all.

If you have relatives in other countries, ask them how they celebrate Holy Week where they live?

February 15

This week put in your mite box what you might have spent buying candy, soda or ice cream to donate to children like you in the missions. Pray an Our Father for all children.

February 22

Read about how Jesus taught his disciples to pray: Lk 11: 1-4

Pray an Our Father for all children.

February 29

Pray the stations of the cross with your class.

Then sit a moment in silence reflecting on the stations.

March 7

Today is the feast day of St. Perpetua & Felicitas. They are patron saints of mothers.

Put \$1 in your mite box to help mothers in poor countries who don't have enough to feed their children.

March 14

Did you know that MCA receives donations from children all over the world.

This is because we are all called to be in solidarity with one another. Giving not because we have extra but because we want to share and help others.

March 21

This is the last week of Lent. Do you feel that you have been able to let go of things that were keeping you from spending more time with God?

Any time of the year we can try and let go of those things that keep us away from God.

March 28

**HOLY THURSDAY**

Jesus establishes the Eucharist at the last supper with his disciples and washes their feet.

Read about it on Jn 13: 1-15



February 16

Every Friday of Lent we are called to fast. We can fast from many things, not just food.

Think of one habit you would like to change to spend more time with God in prayer?

February 23

It's the feast day of St. Polycarp, a Bishop in the early church. He was persecuted and died a martyr. Before being taken, he asked his captors to let him pray for an hour. He prayed for them and all the people he knew.

It's not always easy to pray for people we might not like or who upset us. Pray for someone you may not like much.

March 1

Fast from speaking against anyone that might have bothered you or who might not be very nice to you.

Do your very best to think one nice thing to say about them.

March 8

In the evening, do not spend time with electronics. Instead, ask if you could spend some time with your parents and siblings. Playing a board game or doing something else as a family.

March 15

Today we abstain from eating red meat. We are lucky and have many other options of food to eat.

Before every meal today say a prayer for all those children who have little to nothing to eat each day.

March 22

It's the last Friday of Lent, Do your very best to abstain from any electronics today that you might use for leisure.

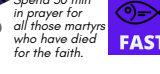
Sometimes we get so caught up in prayer for all those martyrs who have died for the faith.

March 29

**GOOD FRIDAY**

Today we remember the passion of Jesus as he died on the cross for us.

Spend 30 min in prayer for all those martyrs who have died for the faith.



February 17

Take note of how the church is decorated during the season of Lent.

What is the color that is most used during this season?

February 24

If you have any recyclables at home ask your parents if they can help you sell it. Put the money you make in your mite box.

Donate to the missions!

March 2

Spend time with your parents, grandparents or other adults in your family. Ask them to share with you how their faith has helped them overcome a difficulty.

March 9

Have you been able to change a habit that you thought kept you away from spending more time with God in prayer.

March 16

As missionary disciples, we are asked to share with others what we know about our faith.

Share with your family something you learned about Lent.

March 23

Tomorrow we begin



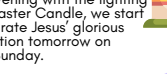
We recall the events leading up to Jesus' death and His resurrection.

March 30

**HOLY SATURDAY**

In the first half of the day we wait in silence as Jesus lies in the tomb.

In the evening with the lighting of the Easter Candle, we start to celebrate Jesus' glorious resurrection tomorrow on Easter Sunday.



For more information

Founded in 1843, the Missionary Childhood Association (formerly Holy Childhood Association) is an international organization whose membership is made up of students in Catholic elementary schools and religious education programs. It is an organization dedicated to fostering children's awareness of the missionary nature of the Church.

A pontifical Mission Society in the Archdiocese of Los Angeles



missionary **childhood** association  
Los Angeles  
Children Helping Children

The Missionary Childhood Association (MCA) program in the Mission Office exists to be of service to schools and religious education programs in the Archdiocese of Los Angeles.

Domingo

Lunes

Martes

Miércoles

Jueves

Viernes

Sábado

# MCA Calendario de Cuaresma 2024



Escanear para más información

Una Sociedad Misionera Pontificia en la Arquidiócesis de Los Angeles  
Fundada en 1843, la Asociación de la Infancia Misionera (antes conocida como Asociación de la Santa Infancia) es una organización internacional cuyos miembros son estudiantes de escuelas primarias católicas y programas de educación religiosa. Es una organización dedicada a fomentar la conciencia de los niños sobre la naturaleza misionera de la Iglesia. El programa de la Asociación de la Infancia Misionera (MCA) en la Oficina de Misión existe para servir a las escuelas y programas de educación religiosa en la Arquidiócesis de Los Angeles.



missionary **childhood** association  
Los Angeles  
Children. Helping Children.

## MIÉRCOLES DE CENIZA

Febrero 14

Lleva con orgullo las cenizas que recibes hoy como discípulo misionero de Jesucristo.  
*Querido Señor, hoy en el primer día de Cuaresma. Venimos a ti con oraciones humildes para pedirte que nos perdones. Danos la sabiduría para cambiar para mejor y ayuda a hacer de este un mundo mejor. Ayudando a cuidarnos unos a otros.*



Febrero 15

Esta semana pon en tu caja de donaciones lo que podrías haber gastado comprando dulces, refrescos o helados para donarlos a niños como tú en las misiones. Ora un Padre nuestro por todos los niños.



Febrero 16

Todos los viernes de Cuaresma estamos llamados a ayunar. Podemos ayunar de muchas cosas, no solo de comida.  
*¿Piensa en un hábito que te gustaría cambiar para pasar más tiempo con Dios en oración?*



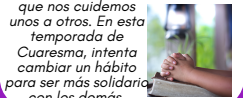
Febrero 17

Fíjate en cómo se adorna la iglesia durante el tiempo de Cuaresma.  
*¿Cuál es el color que más se utiliza durante esta temporada?*



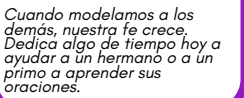
Febrero 18

"Amor y lealtad son todos sus caminos, para el que guarda su alianza y sus mandatos."  
Dios nos ama y quiere que nos cuidemos unos a otros. En esta temporada de Cuaresma, intenta cambiar un hábito para ser más solidario con los demás.  
Salmo 25:10



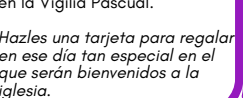
Febrero 19

"La fe crece cuando se vive y se plasma con amor"  
- Papa Francisco  
Cuando modelamos a los demás, nuestra fe crece. Dedicar algo de tiempo hoy a ayudar a un hermano o a un primo a aprender sus oraciones.



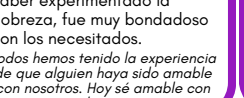
Febrero 20

Si en tu iglesia tienes Catecúmenos preparándose para recibir sus sacramentos en la Vigilia Pascual.  
*Hazles una tarjeta para regalar en ese día tan especial en el que serán bienvenidos a la iglesia.*



Febrero 21

Es la fiesta de San Pedro Damiano, fue Obispo y Doctor de la Iglesia. Después de haber experimentado la pobreza, fue muy bondadoso con los necesitados.  
*Todos hemos tenido la experiencia de que alguien haya sido amable con nosotros. Hoy sé amable con alguien.*



Febrero 22

Lea acerca de cómo Jesús enseñó a sus discípulos a orar: Lucas 11: 1-4  
Reza un Padre Nuestro por todos los niños.



Febrero 23

Es el día festivo de San Policarpo, un obispo de la iglesia primitiva. Sufrió persecución y murió mártir. Antes de ser detenido pidió a sus captores que le dejaran rezar durante una hora. Oró por ellos y por todas las personas que conocía.  
*No siempre es fácil orar por personas que quizás no nos agradan o que nos molestan. Ora por alguien que tal vez no te agrade mucho.*



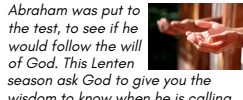
Febrero 24

Si tienes reciclaje en casa pregúntales a tus padres si pueden ayudarte a venderlo. Pon el dinero que ganes en tu caja de donaciones.



Febrero 25

Dios llamó a Abraham y él respondió, "aquí estoy." Gn 22:1  
Abraham was put to the test, to see if he would follow the will of God. This Lenten season ask God to give you the wisdom to know when he is calling you and strength to say "Here I am."



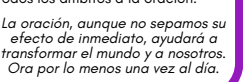
Febrero 26

Comienza tu día y tu semana con oración. Reza un Ave María y un Padre Nuestro por tu familia.



Febrero 27

Es la fiesta de San Gregorio de Narek. Más conocido por el libro de oraciones que escribió. Su deseo era que inspirara a personas de todos los ámbitos a la oración.  
*La oración, aunque no sabemos su efecto de inmediato, ayudará a transformar el mundo y a nosotros. Ora por lo menos una vez al día.*



Febrero 28

Hazle un elogio a alguien hoy. Puedes compartir con ellos una cosa que admiras de ellos.  
*Cuando elevamos a los demás, les ayudamos a ver lo amados que son.*



Febrero 29

Reza el vía crucis con tu clase.  
Luego siéntate un momento en silencio reflexionando sobre las estaciones.



Marzo 1

Ayuna de hablar en contra de cualquier persona que pueda haberte molestado o que no sea muy amable contigo. Haz tu mejor esfuerzo para pensar algo bueno que decir sobre ellos.



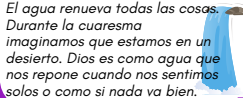
Marzo 2

Pasa tiempo con tus padres, abuelos u otros adultos de tu familia. Pídeles que compartan contigo cómo les ha ayudado su fe a superar una dificultad.



Marzo 3

"Señor, tú eres verdaderamente el Salvador del mundo; dame agua viva, para que nunca más tenga sed" Cf. Jn 4: 44,15  
El agua renueva todas las cosas. Durante la cuaresma imaginamos que estamos en un desierto. Dios es como agua que nos repone cuando nos sentimos solos o como si nada va bien.



Marzo 4

Uno de los pilares de la Cuaresma es la práctica de dar limosna. Recordemos dar no sólo porque tenemos más sino porque nos importa lo que les pase a aquellos que puedan necesitar nuestra ayuda.



Marzo 5

Ofrécete a ayudar a un amigo o hermano con sus tareas domésticas. Hará que la tarea sea más divertida cuando los dos trabajen juntos.



Marzo 6

Si hay alguien que no te agrada, ora por él. Pidiéndole a Dios que te ayude a ver el bien en ellos como tu hermano o hermana en Cristo.



Marzo 7

Hoy es la fiesta de Santa Perpetua y Felicitas. Son patronas de las madres.  
Pon un dólar en su caja de dólares para ayudar a las madres de los países pobres que no tienen lo suficiente para alimentar a sus hijos.



Marzo 8

Por la noche, no pases tiempo con los aparatos electrónicos. En lugar de eso, pregunta si podrías pasar algo de tiempo con tus padres y hermanos. Juega un juego de mesa o hacer algo más en familia.



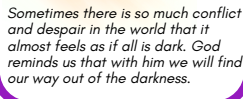
Marzo 9

¿Has podido cambiar un hábito que pensabas que te alejaba de pasar más tiempo con Dios en oración?



Marzo 10

"I am the light of the world, says the Lord; whoever follows me will have the light of life."  
Jn 8:12  
Sometimes there is so much conflict and despair in the world that it almost feels as if all is dark. God reminds us that with him we will find our way out of the darkness.



Marzo 11

"The confessional is not a torture chamber, but the place in which the Lord's mercy motivates us to do better. Pope Francis, interview with Fr. Antonio Spadaro Nov. 2015.  
Receive the sacrament of reconciliation. There is no greater love than the one that God has for us. If we are truly sorry for what we have done to offend him, God will always forgive us.



Marzo 12

Pray ten Hail Mary's for all children who might be suffering.  
*Think how you can put the needs of others before your own as Mary, the mother of God did.*



Marzo 13

If you can volunteer to help clean or decorate the church for the Easter Vigil celebration.  
*Just like when we clean our homes before a party. We too must get the house of the Lord ready for this big celebration.*



Marzo 14

Did you know that MCA receives donations from children all over the world.  
This is because we are all called to be in solidarity with one another. Giving not because we have extra but because we want to share and help others.



Marzo 15

Today we abstain from eating read meat. We are lucky and have many other options of food to eat.  
*Before every meal today say a prayer for all those children who have little to nothing to eat each day.*



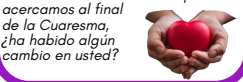
Marzo 16

As missionary disciples we are asked to share with others what we know about our faith.  
*Share with your family something you learned about Lent.*



Marzo 17

"Crea en mí, oh Dios, un corazón puro, renueva en mi interior un firme espíritu." Salmo 51:12  
Cuando somos amigos de Jesús, nuestro corazón y nuestro espíritu se renuevan. A medida que nos acercamos al final de la Cuaresma, ¿ha habido algún cambio en usted?



Marzo 18

"¿No sabes orar? Ponte en la presencia de Dios, y tan pronto como hayas dicho: 'Señor, no sé orar!' puedes estar seguro de que ya has comenzado." - San Josemaría Escrivá  
*Si te resulta difícil rezar, ¡intentalo hoy!*



Marzo 19

Hoy es la fiesta de San José, el esposo de la Virgen María. Es el patrón de la iglesia universal y de los padres. Mostró fe, coraje y confianza en Dios.  
*Imítalo teniendo fe y confianza en Dios nuestro Señor. Especialmente si estás pasando por un momento difícil.*



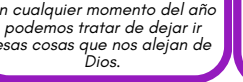
Marzo 20

¿Qué maravilloso sería si, al final de cada día, cada uno de nosotros pudiera decir: hoy he realizado un acto de caridad hacia los demás!  
- Papa Francisco  
*Pon lo que puedas en tu caja de donaciones.*



Marzo 21

Esta es la última semana de Cuaresma. ¿Sientes que has podido dejar ir las cosas que te impedían pasar más tiempo con Dios?  
*En cualquier momento del año podemos tratar de dejar ir esas cosas que nos alejan de Dios.*



Marzo 22

Es el último viernes de Cuaresma. Haz tu mejor esfuerzo para abstenerse de cualquier dispositivo electrónico que puedas usar para el ocio.  
*A veces nos enganchamos tanto con los dispositivos electrónicos que acabamos como zombies.*



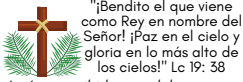
Marzo 23

Mañana empieza la *Semana Santa*  
Recordamos los acontecimientos que condujeron a la muerte de y resurrección de Jesús.



Marzo 24 DOMINGO DE RAMOS

"Bendito el que viene como Rey en nombre del Señor!" ¡Faz en el cielo y gloria en la más alto de los cielos!" Lc 19: 38  
*Jesús es recibido con alabanzas por las mismas personas que luego gritarían para condenarlo. ¿Cómo crees que se sintieron sus discípulos?*



Marzo 25

Reflexionar sobre la semana que estamos por vivir.  
¿Recuerdas cómo es de otros años? Fíjate si hay algo que notas este año que nunca antes habías notado.



Marzo 26

Jesús revela que uno de sus discípulos lo traicionará. Judas tomó una mala decisión al traicionar a Jesús.  
*Pídele a Dios que te ayude a tomar buenas decisiones que ayudarán a que crezca tu amistad con Él.*



Marzo 27

Al igual que tu comunidad parroquial, la iglesia católica de todo el mundo también celebra esta semana, la más santa de todas.  
*Si tienes familiares en otros países pregúntales cómo celebran la Semana Santa donde viven.*



Marzo 28 JUEVES SANTO

Jesús instituyó la Eucaristía en la última cena con sus discípulos y les lava los pies.  
Lee sobre esto en Jn 13: 1-15



Marzo 29 VIERNES SANTO

Hay recordamos la pasión de Jesús al morir en la cruz por nosotros.  
*Pasa 30 minutos en oración por todos aquellos mártires que han muerto por la fe.*



Marzo 30 SÁBADO DE GLORIA

En la primera mitad del día esperamos en silencio mientras Jesús yace en la tumba.  
Por la tarde al encender el Cirio Pascual comenzamos a celebrar la gloriosa resurrección de Jesús en Domingo de Pascua.

