

M C A L E N T C A L E N D A R 2 0 2 5

Fasting—It is a way of freeing ourselves from all those things that weigh us down. Giving us a chance to make space for God in our lives.
Prayer—Gives us a chance to speak with God as his beloved children.
Almsgiving—Gives us a chance to show our concern and love for the poor. Pope Francis said "In our charity, we may speak words of reassurance and help others to realize that God loves them as sons and daughters."

March 9

"It is good to give thanks to the LORD, to sing praise to your name, Most High." Psalm 92:2



Think of one thing you are grateful for.

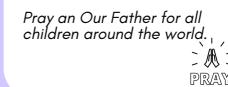
March 10

Take note of how the church is decorated during the season of Lent.



March 11

Read about how Jesus taught his disciples to pray: Lk 11: 1-4



March 12

Put into practice the Lenten pillar of almsgiving.

Let us remember to give not just because we have extra but rather because we care what happens to those who might need our help.



March 13

"Faith grows when it is lived and shaped with love" – Pope Francis

When we model our faith to others it grows. Spend some time today helping a sibling or cousin learn their prayers.



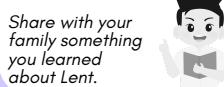
March 14

In the evening, do not spend time with electronics. Instead, ask if you could spend some time with your parents and siblings. Playing a board game or doing something else as a family.



March 15

As missionary disciples, we are asked to share with others what we know about our faith.

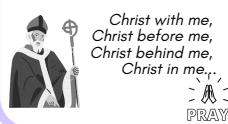


March 16

"The Lord is my light and my salvation." Psalm 27:1

March 17

Recite St. Patrick prayer: "Christ Be With Me"



March 18

"As we receive the Eucharist, let us be transformed into the likeness of Christ and grow in holiness."

Saint Cyril of Jerusalem Feast day

May we as Jesus's missionary disciples seek to receive the Eucharist as often as we can. To be transformed and bring his presence to others through our actions.

March 19

Today is the feast day of St. Joseph, the spouse of the Virgin Mary. He is the patron saint of the universal church and fathers. He showed faith, courage and trust in God.

Imitate him by having faith and trust in God our Lord. Especially if you are going through a difficult moment.

March 20

"How wonderful it would be if, at the end of each day, each of us could say: today I have performed an act of charity towards others!" – Pope Francis

Put what you can into your mite box.



March 21

Fast from speaking against anyone that might have bothered you or who might not be very nice to you.

Do your very best to think one nice thing to say about them.



March 23

"If today you hear his voice, harden not your hearts." Psalm 95:1



Do an act of kindness every chance you get.

March 24

Did you know that MCA receives donations from children all over the world.

This is because we are all called to be in solidarity with one another. Caring for one another is how we live out our faith.



March 25

Solemnity of the Annunciation of the Lord

Mary is called by God to be the mother of God. She answers yes and her life changes.

God calls us to be his missionary disciple. Will you answer "YES"?

March 26

If in your church you have Catechumens preparing to receive their sacraments at the Easter Vigil, make a card for them to give on that very special day in which they will be welcomed into the church.



March 27

"You don't know how to pray? Put yourself in the presence of God, and as soon as you have said, 'Lord, I don't know how to pray!' you can be sure you're already begun." - St. Josemaria Escrivá

If you find it hard to pray, Give it a try today!



March 28

Every Friday in Lent we abstain from eating red meat. We are lucky and have many other options of food to eat.

Before every meal today say a prayer for all those children who have little to nothing to eat each day.



March 30

"I will get up and go to my Father and shall say to him: Father, I have sinned against heaven and against you." Luke 15:18



In the Sacrament of Reconciliation, Jesus is waiting for you.

March 31

"The confessional is not a torture chamber, but the place in which the Lord's mercy motivates us to do better." Fr. Antonio Spadaro Nov. 2013.

Receive the sacrament of reconciliation. There is no greater love than the one that God has for us. If we are truly sorry for what we have done to offend him, God will always forgive us.



April 1

If there is someone that you dislike pray for them. Asking God to help you see the good in them as your brother or sister in Christ.



April 2

If you have any recyclables at home ask your parents if they can help you sell it. Put the money you make in your mite box.



Donate to the missions!



April 3

We are pilgrims of hope. On a very special mission.

Sent by the Lord To fulfil his holy vision And to bring his love to all Is our one true ambition. We are pilgrims, oh pilgrims of hope!

Song for Jubilee Year from TPMS in the UK.



April 4

Pray the stations of the cross with your class.

Then sit a moment in silence reflecting on the stations.



April 13

PALM SUNDAY
"Blessed is the king who comes in the name of the Lord. Peace and heaven and glory in the highest." Lk 19: 38



Jesus is received with praise by the same people who would later shout to condemn him. How do you think his disciples felt?

April 14

The annual Chrism Mass is celebrated at the Cathedral to bless the Holy Oils we use to anoint during the sacraments.

How many times have you been anointed? Name the sacraments you have received.



April 15

Peter denied Jesus out of fear being captured and condemned to die on his own safety. Jesus still forgave him and entrusted him with the significant mission of leading the disciples in spreading the Good News.

Has there ever been a time you have denied or turned your back to Jesus? How did that make you feel?



April 9

Pray ten Hail Mary's for all children who might be suffering.

Think how you can put the needs of others before your own as Mary, the mother of God, did.



April 10

Just like your parish community, all over the world Catholic churches are also getting ready to celebrate the Holiest week of all.

If you have relatives in other countries, ask them how they celebrate Holy Week where they live?



April 11

It's the last Friday of Lent. Do your very best to abstain from any electronics today that you might use for leisure.

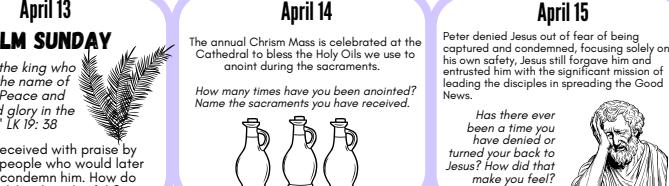
Sometimes we get so caught up with electronics that we end up like zombies.



April 12

Tomorrow we begin **Holy Week**

We recall the events leading up to Jesus' death and His resurrection.



April 17

HOLY THURSDAY
Jesus establishes the Eucharist at the last supper with his disciples and washes their feet.

Read about it in Jn 13: 1-15



April 18

GOOD FRIDAY
Today we remember the passion of Jesus as he died on the cross for us.

Spend 30 min in prayer for all those martyrs who have died for the faith.



April 19

HOLY SATURDAY
In the first half of the day we wait in silence as Jesus lies in the tomb.

In the evening with the lighting of the Easter Candle, we start to celebrate Jesus' glorious resurrection tomorrow on Easter Sunday.



For more information



Founded in 1843, the Missionary Childhood Association (formerly Holy Childhood Association) is made up of students in Catholic elementary schools and religious education programs. It is an organization dedicated to fostering children's awareness of the missionary nature of the Church.

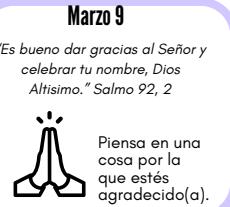
Phone: (213) 637-7229 • E-mail: mca@archdiocese.org • www.MissionsLA.org

M
C
AC
A
L
E
N
D
A
R
I
OC
U
A
R
E
S
M
A2
0
2
5

AYUNO El ayuno— Es una forma de liberarnos de todas aquellas cosas que nos agobian. Dándonos la oportunidad de hacer espacio para Dios en nuestras vidas.

ORACIÓN Nos da la oportunidad de hablar con Dios como sus hijos amados.

CARIDAD La caridad— Nos da la oportunidad de mostrar nuestra preocupación y amor por los pobres. El Papa Francisco dijo: "En nuestra caridad, podemos hablar palabras de consuelo y ayudar a otros a darse cuenta de que Dios los ama como hijos e hijas".



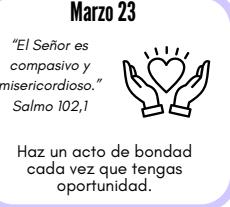
"Es bueno dar gracias al Señor y celebrar tu nombre, Dios Altísimo." Salmo 92, 2

Piensa en una cosa por la que estés agradecido(a).



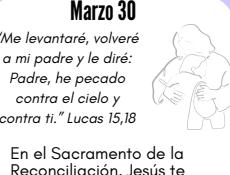
"El Señor es mi luz y mi salvación." Salmo 27,1

Pon toda tu confianza en Jesús en cada momento difícil.



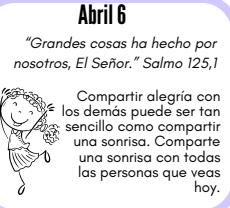
"El Señor es compasivo y misericordioso." Salmo 102,1

Haz un acto de bondad cada vez que tengas oportunidad.



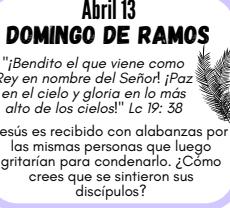
"Me levantaré, volveré a mi padre y le diré: Padre, he pecado contra el cielo y contra ti." Lucas 15,18

En el Sacramento de la Reconciliación, Jesús te espera.



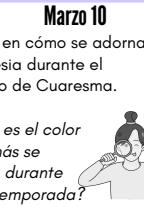
"Grandes cosas ha hecho por nosotros, El Señor." Salmo 125,1

Compartir alegría con los demás puede ser tan sencillo como compartir una sonrisa. Comparte una sonrisa con todas las personas que veas hoy.



"¡Bendito el que viene como Rey en nombre del Señor; ¡Paz en el cielo y gloria en lo más alto de los cielos!" Lc 19: 38

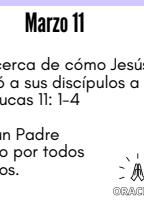
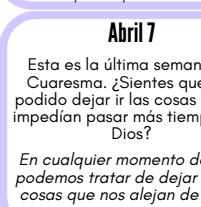
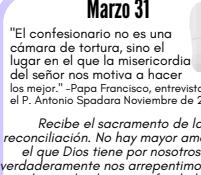
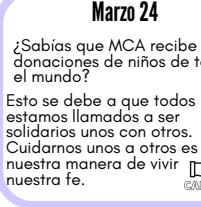
Jesús es recibido con alabanzas por las mismas personas que luego gritarán para condenarlo. ¿Cómo crees que se sintieron sus discípulos?



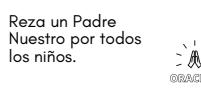
Fíjate en cómo se adorna la iglesia durante el tiempo de Cuaresma.



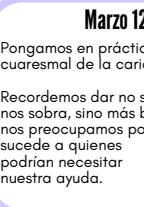
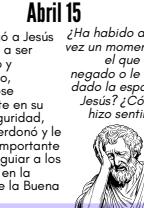
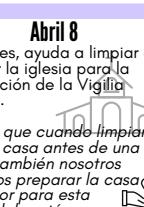
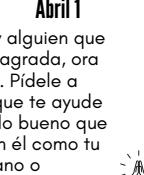
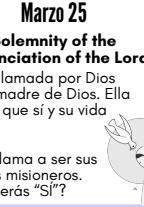
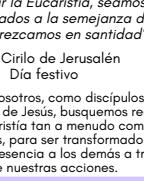
¿Cuál es el color que más se utiliza durante esta temporada?



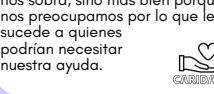
Lea acerca de cómo Jesús enseñó a sus discípulos a orar: Lucas 11: 1-4



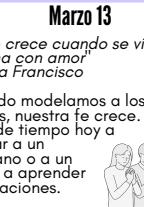
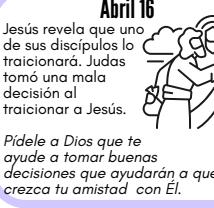
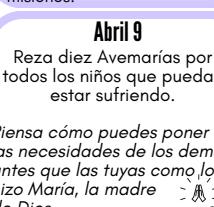
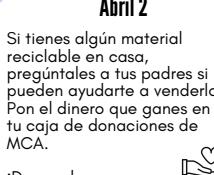
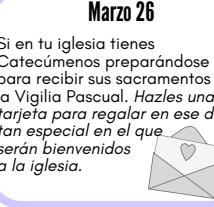
Reza un Padre Nuestro por todos los niños.



Pongamos en práctica el pilar cuaresmal de la caridad.



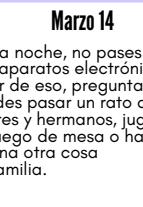
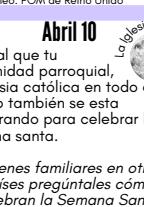
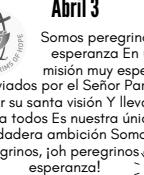
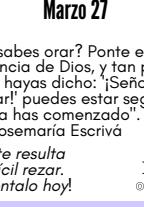
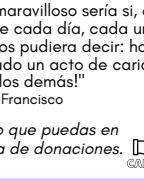
Recordemos dar no solo porque nos sobra, sino más bien porque nos preocupamos por lo que les sucede a quienes podrían necesitar nuestra ayuda.



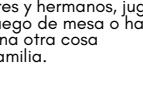
Esta semana pon en tu caja de donaciones lo que podrías haber gastado comprando dulces, refrescos o helados para donarlos a niños como tú en las misiones. Ora un Padre nuestro por todos los niños.



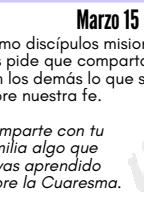
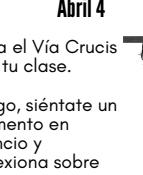
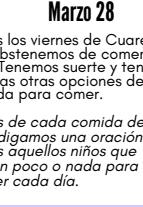
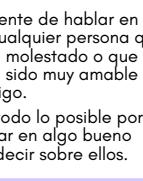
Lleva con orgullo las cenizas que recibes hoy como discípulo misionero de Jesucristo.



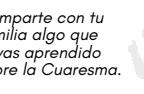
Todos los viernes de Cuaresma estamos llamados a ayunar. Podemos ayunar de muchas cosas, no solo de comida.



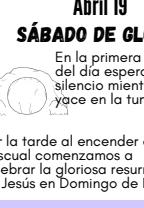
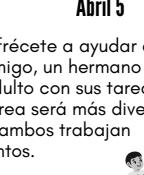
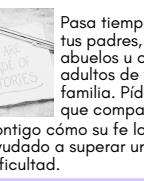
¿Piensa en un hábito que te gustaría cambiar para pasar más tiempo con Dios en oración?



"Quien evita la oración evita todo lo que es bueno."



San Juan de Dios Fiesta



Escanear para más información



Misionary Childhood Association • 3424 Wilshire Blvd. 3rd Floor, Los Angeles, California 90010
Phone: (213) 637-7229 • E-mail: mcaela@archdiocese.org • www.MissionsLA.org